

Time	Title	Speaker	Mini-Bio	Notes	Chairpersons
<b>Day 4: Saturday 27 Nov, 2021</b>	<b>Session 16: Hypertension Guidelines</b>				
09:00-09:20	Classification Among CPG (consensus & controversies)	041-Bader Almustafa	Senior Consultant of Family Medicine, Clinical Hypertension & Cardiometabolic Medicine. Qatif Healthcare Network Director of Continuous Professional Development in SHMS. Regional Director of World Hypertension League in Middle East. Developer of National Cardiometabolic Risk Guideline.	20	082-Yousif Asiri 070-Nawal Basri
09:20-09:40	When to start Pharma among CPG (consensus & controversies)	015-A.Hameed Hasan	Consultant Family Physician and chairman of department of Family medicine at International Medical Center Reviewer at Annals of Internal Medicine-American College of Physicians. Trainer at Joint Program Family and Community Medicine Scientific Board member and editor at Saudi Hypertension Management Society	20	
09:40-10:00	BP Target in different Groups Among CPG (consensus & controversies)	042-Hasan Aleid	Consultant staff Nephrologists and Transplant Physician at King Faisal Specialist Hospital and Research Center Chairman of Morbidity and Mortality, Renal Transplant Unit Founding member of Saudi Hypertension Management Society Published more than 15 articles	20	

80	Session 17: Critical Hypertension					
10:00-10:20	Safe approach to HTN Emergencies Initial/ Prehospital	052-Abdulaziz Alrabiah	Assistant professor and Consultant of Emergency Medicine at College of Medicine, King Saud University Medical city Head of EMS Unit Medical Director of Emergency Medical Services Department Chief medical officer- Saudi Arabian motor federation medical Team Editor board Member Saudi Journal of Emergency Medicine Executive board member of Saudi Society of Emergency Medicine	20	082-Abdulhalim Kinsara 016-Abdulhamid Kashgari	
10:20-10:40	Vascular Emergencies with high BP	053-Ahmed Aalam	Academic EM consultant at King Abdulaziz University With Fellowships in Tele-Informatics and digital Health and fellowship in Ultrasound, and post graduate certificate in Management of Technology and Innovation	20		
10:40-11:00	Cardiac Emergencies w High BP: Recognition & Management	054-Mohammed Almulhim	Consultant of Emergency Medicine Chairman of the Department of Emergency Medicine, King Fahad Specialist Hospital Chair of the Simulation Project in the First Cluster in the Eastern Province and Director of Clinical Simulation Trainer Center, King Fahad Specialist Hospital Member of the Saudi Society of Emergency Medicine and the Society of Academic Emergency Medicine	20		
11:00-11:20	CNS HTN Emergencies: Recognition & Management	055-Afnan Almas	Emergency medicine Consultant Head of Emergency Department and head of Academic affairs Al-Dariyah hospital Hold master degree in disaster medicine and master degree in Medical Education Member of the Saudi Society of Emergency Medicine and Gulf federation of emergency Medicine	20		
		Break				

70	Session 18: Hypertension Pharmacotherapy 1/2				
11:20-11:40	Update on the use of anti-hypertensive medications	045-Fahad Aldosari	<p>Doctor of Pharmacy Clinical Pharmacist at King Saud Medical City Associate Project Manager at Vision Realization Office Member of American Society of Health-System Pharmacists and American Pharmacists Association Board member of the Saudi Society of Clinical Pharmacy</p>	20	083-Fakhr Alayoubi 084-Maha Almolaiki
11:40-12:00	Comorbidity Medications: Will they affect HTN Management?	047-Alwaleed Alharbi	<p>Pharmacist at King Fahad Medical City Currently in SCFHS Pharmacy Residency Program Member of Saudi Society of Clinical Pharmacy and Internal Medicine Pharmacy Specialty Networks</p>	20	
12:00-12:20	Update on the use of Polybill & Fixed combination in Hypertension	049-Abubker Omaer	<p>Senior Clinical Pharmacist, Head of Scientific and Staff Development Unit and the Deputy Manager of Clinical Pharmacy Services at King Saud Medical City (KSMC) Board member of the Ambulatory Care PSN of the Saudi Society of Clinical Pharmacy (SSCP) Advisor in the Pharmacy Development Committee at the Saudi Cultural Mission, Washington DC, USA.</p>	20	
12:20-14:00		Break			

85	Session 19: Hypertension Pharmacotherapy 2/2				
14:00-14:25	Novel Anti-HTN drug development	051-Reinhold Kreutz	Professor of Hypertension and Clinical Pharmacology Director of Department of Clinical Pharmacology and Toxicology, Charité – Universitätsmedizin Berlin President of European Society of Hypertension Member of the European Society of Cardiology Research Focus: Clinical Pharmacology of Cardiovascular Drugs; clinical and experimental hypertension with focus on genetics of Hypertensive target organ damage; pharmacogenomics; drug therapy in elderly; and drug safety	25	092-Saleh Bawazir 016-Abdulhamid Kashgari
14:25-14:45	Redefining BB use in Hypertension Management	048-Sultan Al Raddadi	cardiovascular pharmacotherapy consultant at King Abdulaziz medical city Member in Advance Heart failure and heart transplant team at King Abdulaziz Cardiac Center Member in corporate drug evaluation committee and Saudi society of clinical pharmacy	20	
14:45-15:05	When to withdraw antihypertensive medication?	050-Asma Alshahrani	Clinical Pharmacist with subspecialty in Cardiac Pharmacotherapy in King Khaled University Member of Saudi Society of clinical pharmacy Secretary of PSN cardiology group at Saudi Society of clinical pharmacy	20	
15:05-15:30	Break				

60	Session 20: Hypertension Emerging Topics				
15:10-15:30	HTN & Smoking	044-Ashraf Amir	Consultant Family Medicine CEO for Executive Medical services and External affairs at International Medical Center CEO and Partner – Salam Home Health Care company Vice president of the Saudi Society of Family and Community Medicine and representative for the Global Family Doctor (WONCA) East Mediterranean region	20	042-Hasan Aleid 093-Nehad Alfaraj
15:30-15:45	Emerging Risk Factors for Hypertension: Microbiota	010-Tawfik Albassam	Consultant in Internal Medicine Clinical Hypertension Specialist Deputy head of Saudi Hypertension Management Society (SHMS) Members of European society of cardiology and European society of hypertension Certified Clinical Hypertension specialist by American society of hypertension and by the European society of hypertension. Established the first hypertension clinic in King Fahd Hospital, Jeddah, KSA Established a hypertension clinic currently in the medical reference in Jeddah, KSA	15	
15:45-16:05	Artificial Intelligence: Current & Future Application in Hypertension Care	064- Kelvin Tsoi	Digital Epidemiologist specialized in chronic disease Associate Professor in JC School of Public Health and Primary Care, SH big Data Decision Analytics Research Centre and JC Institute of Ageing Research focus on digital innovation in chronic disease management, including mobile and telecare application for hypertension management and machine learning on blood pressure variability	20	
16:05-16:20	Home Care	059-Aeshah Alsaghier	Consultant Family Medicine and Home Healthcare, and Associate Professor at Princess Nourah Bint Abdulrahman University Head of national home health care guidelines committee Clinical Advisor of assistant agency for hospital affairs	15	
16:20-16:40	HTN and Autoimmune diseases.	060-Yousef Alammari	Consultant of Rheumatology and Internal Medicine Assistant professor in Internal Medicine Head, Emergency medicine department Imam Mohammad Ibn Saud Islamic University, Riyadh, Saudi Arabia	20	
		Break			

60	Session 21: ISH-SHMS Joint Session				
16:45-17:05	Uric Acid role in CVD & HTN.	056-Jafar Alsaid	<p>assistant professor University of Queensland Nephrology and interventional consultant at Ochsner Health system Nephrology and Internal Medicine consultant at Bahrain Specialist Hospital Head of the European Hypertension Excellence center in the Bahrain Reviewer in Saudi Journal of Kidney Disease and Transplantation journal and Journal of the American society of Nephrology Member in American Society of Nephrology, American Society of Hypertension, European Society of Hypertension, International Society of Hypertension and Arab Society of Nephrology</p>	20	010-Tawfik Albassam 094-Rana El-Bikai Adrian Stanley
17:05-17:25	HTN & sympathetic symptoms.	057-Abdullah Shehab	<p>Professor of Cardiology and Consultant Interventional Cardiologist at Al Ain hospital, Burjeel hospital, and Mediclinic hospital Chairman of Scientific Committee in Emirates Medical Association Chief Editor of New England Journal of Medicine Vice President Asia Pacific Cardiac Society Vice President Gulf Intervention Society</p>	20	
17:25-17:45	HTN in COVID time: which anti HTN medications prevails?	058-Ghazi Haji	<p>Assistant Prof of Cardiology President of Iraqi hypertension society ISH member –Hypertension Middle East and North Africa Regional Advisory Group Member of several national committees including Iraqi board committee for cardiac Imaging, Cardiac Consultation Committee, Cardiology Guideline committee, National systemic hypertension registry and committee, and National registry of acute coronary syndrome</p>	20	
Break					

60	Session 22: Poster Presentations				
17:45-17:55	Effectiveness of (DASH) Mobile Applications in Supporting a Healthy Diet and Controlling Hypertension in Adults: A Systematic Review	101-Ghadah Alnooh	PhD Candidate, Sheffield University, UK	10	085-Ghaleb Alfaraj 087-Adil Alsinan
17:55-18:05	Impact of COVID-19 on Satisfaction of Patients with Diabetes toward Health Care Services in an Endocrine and Diabetic Centre	102-Khadija Basheikh	Consultant of Family Medicine & Diabetologist, in Endocrine and Diabetes center in Jeddah, Board member of SHMS	10	
18:05-18:15	Evaluation of the Concomitant Presence of Hypertension and Osteoporosis and the Importance of Screening in Lebanon: A Pilot Study	103-Nivine Abbas	Clinical Researcher at the Public Health Department, in University of Balamand, in Beirut, Lebanon	10	
18:15-18:25	Trend of Renal Target Organ Damage in Newly Diagnosed Hypertensive Patient in Primary Care	104-Thana'a Al-Rashed	Senior Registrar of Family Medicine in 1 <sup>st</sup> Eastern Health Cluster Ministry of Health	10	
18:25-18:35	Practice and Attitude of Patients with DM and HTN Towards COVID-19 and Impact of the Pandemic on Their Chronic Disease Management	105-Zahra AlSultan	Medical Student, College of Medicine, King Faisal University, Al Ahsa, Saudi Arabia	10	
	End of Conference				